



UCF CARD E-Newsletter

June 25, 2009

Please read this email carefully to determine where responses should be directed.

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Have you Moved?

Please contact us with any new address, phone number or e-mail address information at ucfcard@mail.ucf.edu or

PLEASE NOTE: IF YOU ARE UNABLE TO ATTEND A CARD TRAINING, YOU MAY BE ABLE TO PARTICIPATE VIA INTERNET TECHNOLOGY. PLEASE LET US KNOW AT THE TIME YOU REGISTER FOR THE TRAINING IF YOU WOULD LIKE TO TAKE ADVANTAGE OF THIS SERVICE. THANK YOU.



Important Upcoming Events

Camp Two Can Registration Open

Based on the Derby Day Fundraiser hosted by Loyal Source, Camp Two Can will be available again this summer. Registration is now open. To register, go to: www.ucf-card.org and click on Resources, and then on Forms. A few openings are still available in Oviedo and West Orange, but sessions are filling up fast. Camp is co-ed, ages 5 – 16, specially designed to meet the needs of children with ASD in a fun recreational setting with a 1:5 counselor to camper ratio.

Florida Developmental Disabilities Council Wrightslaw Workshops

The Florida Developmental Disabilities Council is sponsoring four, one-day Wrightslaw Special Education Law and Advocacy Training workshops presented by Peter Wright, Esq. These workshops are designed to inform parents and guardians of their children's educational rights under the law and how to advocate on behalf of their children. For more information and to register click on the link below:

<http://www.aplantomeet.com/events.htm>

Free Educational Seminar!

Friday, June 26, 2009

6:00 pm

LifeSkills Center with Special Needs Financial Advocate and Project Wings Founder, Jeff Rupp, and Attorney Barbara Coenson

1016 Spring Villas Pte. Winter Springs, FL 32708
407.629-9455

Please call for directions- location doesn't pull up easily on mapquest.
(Winter Park/Tuscowilla area)

As a parent, especially one of a child or adult child with Special Needs, one of the most important things you can do is ensure that a proper legal and financial plan has been established to provide for your loved one when you are no longer able to care for them. We have found that many parents/caregivers don't have the necessary information to help insure the proper protection for their loved ones. Items to be covered: Building the plan to provide for our child's lifetime; . The role of Public Assistance including SSI and Medicaid; Importance of an Estate Plan and Public Assistance; Special Needs Trusts/Role of Trustee; Special Financial Considerations; How to Fund your Child's Financial Future and the Rest of your Family; Guardianship. RSVP with Tricia at 407.399.4401 or tricia@project-wings.com by 3pm June 26th for your pre-seminar packet.



PALS Corner



FAMILY ENTERTAINMENT NIGHTS-(FEN)

PALS is pleased to announce FEN. PALS understands the value of family quality time and networking. Starting in July, PALS will be inviting families to join them at free or very low costs events throughout Central Florida. The first event will be on July 10th at the Knights Plaza outside the UCF Arena for a free night at the movies. Bring your own blanket or chairs (chairs and sofas are available, but go quickly). Servers from Red Brick Pizza, Jimmy John's, Maggie Moo's Ice Cream and Papa John's will be available to take food orders right at your seat. We will have a pre-determined meeting spot, which will be emailed or phoned to you once you register. Registration is important for these events even though they are free so we can tell everyone who is coming where to meet to make this a quality night for you and your family together. To RSVP email Jsamuels@mail.ucf.edu with the subject **FEN**.

When: Friday, July 10, 2009 @ 7:00PM

Where: Knights Plaza at the UCF Arena

Who: You and your family

What: Chronicles of Narnia: Prince Caspian with Z88.3

DON'T miss the fun and opportunities of this free event!

BOARD EXPANSION

PALS is currently expanding their board to be able to offer more supports and services to your family and other constituents in Central Florida. If you or anyone you know may be interested in being a PALS Board member please contact Judee at jsamuels@mail.ucf.edu with **PALS Board** in the subject line or call 407-737-2566, ext 24.

Responsibilities of the board include:

- Reviewing and setting policies

- Monitoring the organization's progress and direction

- Being a public figure for the organization

- Attending scheduled meetings via phone or in person

PHONE PALS

Sometimes raising a child with ASD is difficult and speaking to someone who understands and has gone through the same issues is helpful. That's what Phone PALS is all about. PALS has family members with ASD who are willing to be of support to you. If you wish to have a phone PAL simply email jsamuels@mail.ucf.edu with **Phone PAL** in the subject line and PALS will connect you with another family member in your area.

Upcoming Free CARD Parent Education Seminars

To register for CARD Trainings is easy!

1. Go online to www.ucf-card.org, click on Resources, then Forms, then Workshop Registration Form
2. E-mail form to ucfcard@mail.ucf.edu, or
3. Fax form to 407-737-2571, or
4. Mail form to UCF CARD at 12001 Science Drive, Suite 145, Orlando, FL 32826, or
5. Call 407-737-2566

Unless otherwise noted, all sessions are at the UCF CARD office.
Please do not bring your children to parent education seminars.

CARD Orientation Dates

Were you unable to come to your CARD Orientation? This session provides newly registered parents/guardians an overview of CARD, the services it provides, and how to access them. It is highly recommended for all families and is offered monthly (locations vary).

Wednesday, July 8, 2009 (Brevard)
6:00 pm - 7:30 pm

Monday, July 13, 2009 (Osceola)
6:30 pm - 8:00 pm

Thursday, July 16, 2009 (Orange)
6:30 pm - 8:00 pm

Thursday, July 23, 2009 (Spanish)
10:00 am - 11:30 am

Osceola County

Potty Primer

Wednesday, July 8, 2009
6:30 pm - 8:00 pm

Trinity Lutheran Church
3016 W. Vine Street, Kissimmee

Participants will receive an overview of toilet training for young children with autism spectrum disorder. Prerequisites will be covered along with readiness signs, data collection and research proven techniques. **Child must be ambulatory.**

Boys Night Out

Wednesday, July 15, 2009
5:30 pm - 7:30 pm

BJs @ the Loop, Kissimmee

This group would be ideal for those between the ages of 14—18 who are independent (as there are no parents allowed!), slightly social or looking to be, and can have some self-regulation of behaviors. This will be a time for our young men to come together for bowling trips, dinner outings, movie trips and more in order to facilitate conversation in social settings headed up by your CARD Coordinator. If interested please contact us directly at either snoeblen@mail.ucf.edu or npostma@mail.ucf.edu.

Orange County

Behavior Basics II

Tuesday, June 30, 2009

6:30 pm - 8:00 pm

UCF CARD

BB II will cover what to do when you have a problem behavior and how to look at problem behaviors from a functional, behavioral perspective using principles of ABA. The concepts of functional assessment and strategies for reducing and replacing behavior will be discussed.

Potty Primer

Thursday, July 9, 2009

6:30 pm - 8:00 pm

UCF CARD

Participants will receive an overview of toilet training for young children with autism spectrum disorder. Prerequisites will be covered along with readiness signs, data collection and research proven techniques. ***Child must be ambulatory.***

UCF CARD Adult Activities

Unless otherwise indicated, trainings held at UCF CARD

Career Builders Meeting East

June 26 & July 10, 2009

10:00 am - 11:30 am

Career Builders Meeting North

July 17, 2009

10:30 am - 12:00 pm

SunTrust Bank, Casselberry

Career Builders Meeting South

June 30 & July 14, 2009

2:00 pm - 3:30 pm

Panera Bread, Florida Mall

Career Builders is intended for Constituents interested in obtaining employment and/or successfully maintaining employment. Although it is a group meeting, all activities are based on individual goals. CARD Staff will provide training in strategies, Coaching, Consultation as well as support materials. Participants must take initiative in setting goals, monitoring progress, developing and completing Action Plan(s). Individuals receiving job placement services are required to attend a minimum of two (2) meetings monthly. Punctuality and compliance with dress code (business casual) are essential. Contact Karen (kwesley@mail.ucf.edu) to schedule meeting time/location.

Adult Issues

Wednesday, July 15, 2009

6:30 pm - 8:00 pm

Each meeting will feature an agency that may provide services for adults with autism and related disabilities. Contact UCF CARD using any of the above methods to register.

Other Free Stuff and Meetings of Interest

Seminole County Public Library Special Needs Program

Saturday, July 11, 2009

10:00 am

Jean Rhein Central Branch Library

215 N Oxford Road, Casselberry

407-665-1500

These 30 minute programs are designed for children with special needs, their families and friends. Each program includes music, puppets, audience participation and fun for all!

Teaching Academic Skills using Principles of Reinforcement

Monday, July 20, 2009

6:30 pm – 8:00 pm

Interventions Unlimited, Inc.

848 Executive Drive, Oviedo

This presentation will demonstrate commonly used behavioral techniques to help children with academics skills. Parents will learn how to provide reinforcement to increase their child's on-task behavior and decrease maladaptive behaviors while working with their child on academic related tasks. Please email lisa@interventionsunlimited.com or call 407-678-8889 for a registration form.

Social, Respite, Parent Support Groups and Babysitting Resources

Social Networking Teen (Ages 14-17 years) Group of North Brevard

Wednesday, July 15, 2009

5:30 pm - 7:00 pm

Social Networking Adult (Ages 18 years and above) Group of North Brevard

Wednesday, July 15, 2009

7:15 pm - 8:45 pm

Norman's Restaurant

3 Forrest Avenue, Cocoa, FL 32922

321-433-0872

The Social Networking Group of North Brevard is a social support group that has been developed by the Center for Autism and Related Disabilities (UCF CARD). The purpose of these social support group dinner meetings is to enjoy some good food, connect with other young adults who have ASD and work on targeted social skills. Parents will NOT be permitted to participate with the group or the group activities. To participate in either of these groups – communication with either Dr. Kim Spence-Cochran or Jason Klazon at 1-888-558-1908 (ext.18 for Kim or ext. 15 for Jason), or at their cell phone numbers: 321-212-8997 (Kim); 407-242-5628 (Jason) **is required prior to the scheduled group meeting dates.**

Mothers of Daughters with Aspergers Syndrome (MODA) Parent Support Group (Brevard)

Saturday, July 18, 2009

12:00 pm

Panera Bread, E. Eau Gallie

Anyone interested may call Linda at 321-777-0849 or e-mail lindajk@bellsouth.net.

Courtesy Notices

Certified Master's level teacher with endorsement in ASD available to tutor children with special needs, grades K-6.

When tutoring, I pinpoint the individual learning needs of the child and, using those needs as a point of reference, provide instruction in academic, functional, or social skills areas as needed. This helps children retain what they have learned during the previous school year, and can also prepare them in advance for the coming school year. Availability: Flexible with the exception of Mondays and Wednesday afternoons. Fee: \$20 hour. Resume and references available upon request. For more information contact jimwillis@gmail.com.

Summer Camps

Orange County

Camp Two Can Inclusive Camp for Children with or without Autism Spectrum Disorders

July 13 - August 7, 2009

Orange and Seminole Counties

Co-ed camp ages 5 – 16. For information and registration forms go to www.ucf-card.org and click on Resources, then Forms. We encourage you to register early as camp fills up quickly and we fill spaces on a first-come, first-serve basis. At this time we have no scholarships available. If you have any questions, call 407-737-2566, ext. 17.

UCP Summer Program

Inclusive Summer Drama Institute:

"Shakespeare with Heart" is a two week Summer Drama Camp for Middle/High School Students with and without disabilities in partnership with the Orlando Shakespeare Festival and UCF College of Education to be held July 13th and July 24th at a cost of \$150 per participant. Contact Ellie at 407-852-3333 or EHauser@ucpcf.org for more information.

Also visit the web site at <http://ucpcf.org/ser-sup-summer-services.shtml#summeradv> for more information.

Seminole County

Camp Two Can Inclusive Camp for Children with or without Autism Spectrum Disorders

July 13 - August 7, 2009

Orange and Seminole Counties

Co-ed camp ages 5 – 16. For information and registration forms go to www.ucf-card.org and click on Resources, then Forms. We encourage you to register early as camp fills up quickly and we fill spaces on a first-come, first-serve basis. At this time there are no scholarships available. If you have any questions, call 407-737-2566, ext. 17.

Lake County

Star Center Summer Camp

June 28 - July 24, 2009

The Star Center is proud to offer an intensive ABA summer program for children with speech and language, behavioral, and learning difficulties in the Autism Spectrum. The program is also open to siblings or children without special needs. For more information, contact Gladys Pickett at 305-588-3369 or e-mail gladys_b_pickett@yahoo.com.